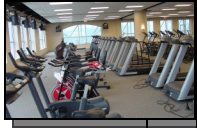




# Fact Sheet

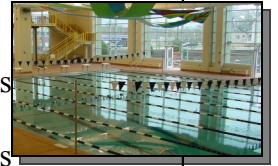
## Health/Fitness

- ⇒ 9,600 sq. feet
- ⇒ 26 pieces of Selectorized by Magnum and Free Motion
- ⇒ 45 pieces of Cardio by Precor, StairMaster, and Schwinn
- ⇒ 9 TV's with Cardio Theater
- ⇒ Massage, Tanning & Personal Training
- ⇒ Adult Locker Rooms with Steam Rooms and Whirlpools
- ⇒ 4,680 lbs. of Olympic Plates, 1,325 lbs. of Dumbbell Pairs, 650 lbs. of Fixed Barbells



## Natatorium

- ⇒ 8 lane 25 yard Lap Pool (70 Laps = 1 Mile)  
5'-12' deep/78°-84° degrees/256,354 gallons
- ⇒ Leisure Pool 0' - 3'6 deep  
78°-84° degrees/56,096 gallons
- ⇒ Warm Water Therapy Pool  
88°-92° degrees/15,693 gallons
- ⇒ Vortex and Water Geysers
- ⇒ Body Flumeslide
- ⇒ Tippin Toucans
- ⇒ Shipwrecked Boat

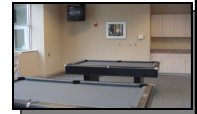


## Centercise

- ⇒ 12 pieces of Cardio by Precor
- ⇒ 2 Spin Bikes
- ⇒ 19 pieces of Selectorized by Precor and Magnum
- ⇒ Exclusive area for women

## Teen/Senior Center

- ⇒ 1,100 sq. feet
- ⇒ Activity Room (TV/VCR)
- ⇒ Billiards Room (2 pool tables)
- ⇒ 6 Computers



## Aerobics, Dance, & Spin Studio

- ⇒ Offering a variety of Group Fitness classes and programs
- ⇒ Sprung Wood Floors
- ⇒ 27 Spin Bikes
- ⇒ Various pieces of workout equipment

## Heritage Ballroom/ Conference Rooms

- ⇒ 300 person capacity Ballroom
- ⇒ Wet Bar
- ⇒ Catering/Teaching Kitchen
- ⇒ Multimedia Projector/Audio
- ⇒ Banquets, Weddings, Receptions
- ⇒ 40 person capacity Conference Rooms



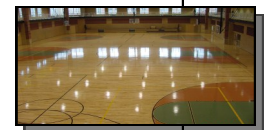
## Preschool Wing

- ⇒ 5 Preschool Rooms
- ⇒ Babysitting Room
- ⇒ Gated Playground

## Field House/Racquetball Courts

### Multi-Use Gym

- ⇒ 3 courts Basketball/Volleyball (50'x 84' regulation IHSA)
- ⇒ Running/Walking Track (3 lanes)  
Outside running lane 8 laps to a mile  
Middle lane is 8.5 laps to a mile  
Inside lane is 8.75 laps to a mile
- ⇒ Warm-up area
- ⇒ 2 Racquetball Courts (20' x 40')



## Climbing Wall

- ⇒ 32' high
- ⇒ 7 routes
- ⇒ 370 hand holders

